Lessons & Learnings



"Life's too short to wake up with regrets. So, love the people who treat you right, forgive the ones who don't, and believe that everything happens for a reason. If you get a chance, take it. If it changes your life, let it. Nobody said it'd be easy, they just promised it would be worth it." ~ Dr. Seuss

"All great changes are preceded by chaos." ~ Deepak Chopra

"You never know how strong you are until being strong is your only choice." ~ Bob Marley

"Sometimes you just have to be done...Not mad, not upset. Just done." ~ Author unknown

"Success is not in what you have, but who you are" ~ Bo Bennett

"Why fit in when you were born to stand out?" ~ Dr. Seuss



